ASSEMBLY AWARDS
HB1  Jessica B  William W  
HB2  Raymond C  Cody L  
HB3  Loella S  Krista B  
HB4  Emily W  Lucas N  
HB6  Kyle B  Gus S  
HB7  Jayden D  Cooper H  
HB8  Samuel F  Tyler G  
HB9  Darryl D  Jazmine F  
HB10  Tanisha R  Dylan S  
HB11  Tom D  Haylee T  
HB12  Eve T  Caleb R-M  

Mrs Foulkes:  Oscar S, Jack F, Premier’s Debating Team and Teesha S  

GOLD Awards: 
Linc McC, Brock H  

SILVER AWARDS  

BRONZE AWARDS  
Courtney P  

Positive Behaviour for Learning:  
Congratulations to Cody L from HB 2 and Baden A from HB 12 (pictured) for displaying positive behaviour and winning a $5.00 voucher from Dizzy Lizzy Country Store.  

Photo above:  Aldavilla & Stuarts Point debating teams  

COMING EVENTS TERM 3  
02/09/15  Milo Cricket Years 5 & 6, 9.30am-2pm  
04/09/15  Assembly HB4 12.15pm  
            Blokes Brekky 7am  
08/09/15  Premiers Spelling Bee  
            All Stars Rehearsal at KHS  
            CANTEEN CLOSED  
09/09/15  Aldavilla All Stars Concert 6.30pm @ KHS  
10/09/15  All Stars Matinee for Pre-Schools @ APS  
18/09/15  BSG Rewards Day  
            Last Day Term 3  
06/10/15  First Day Term 4 for students and staff  
08/10/15  Timbertown excursion HB 3 & HB 4  

MECS Debating Final  
On Friday 28th August, Aldavilla PS hosted the MECS Debating final. The Aldavilla debating team debated Stuarts Point in a lively debate on the topic: “That animals should not be kept in zoos”.  

The adjudicator was very impressed by the high standard of the debate and awarded the victory to Stuarts Point by a narrow margin.  

The Aldavilla MECS debating team included: Jonte C, (1st speaker), Teesha S (2nd speaker), Olivia P (3rd speaker) and Fergus H (team adviser), Olly U and Eve T.  

All Stars Concert Pre-paid Tickets now available  
The school All Stars Concert will be held at Kempsey High School on the evening of Wednesday, 9th September, 2015.  

Photo above:  Well done Cody and Baden!
Week 8 Term 3 2015

**MPPS Competition - Regional Final**
Following her outstanding win at the local final in Port Macquarie, Teesha S went to Coffs Harbour on Tuesday 25th August to participate in the Regional Final of the Multicultural Perspectives Public Speaking Competition. Teesha presented a 4 minute prepared speech on the topic ‘Refugees’. She was also required to present a 2 minute impromptu speech, with only 5 minutes preparation time! The adjudicators make their decision based upon the manner, method and matter the contestants use in presenting their speeches. We would like to congratulate Teesha for receiving a Highly Commended Award at this prestigious level.

**North Coast Softball**
Congratulations to Eve T (photo below) who competed at North Coast level in softball last week. Eve, who plays catcher, travelled to Wagga Wagga with the team and competed over three days, winning two of their five games. Well done Eve.

**P & C News**

**Blokes Breaky**
A reminder the Blokes Breaky is this Friday 4th September from 7am.

Everyone welcome, no pre-order required:
- Bacon and egg roll $4
- Tea, Coffee, Juice $2
- Breakfast Meal Deal (1x bacon and egg and 1 drink) $5

**Uniforms**
If anyone is needing black pants, shorts, skirts or jumpers, these are available to purchase through the canteen. An order form will be sent home shortly but you can pop down to the canteen at any time to order these.

**Canteen News**: Sausage Rolls will be $2 for recess and lunch. The canteen will be CLOSED all day Tuesday 8th September due to the All Stars Concert Rehearsal.

**All Stars Concert Rehearsal KHS Notes**
Please return notes to the office by tomorrow Wednesday 2nd September.

**Community Partnerships**
With Father’s Day this Sunday, I’ve included some tips for dads from Michael Grose.

**Build up Frequent Father points:**
Michael Grose looks at the importance of topping up Frequent Father points, and the benefits for both dads and for kids.

A good friend enthusiastically told me how he was looking forward to spending a few days away on his own with his two kids, aged 10 and 13. He was feeling quite chuffed. He was having some ‘dad time’ with his kids. Good on him! He was doing some memory building & relationship building, as well as having some fun. He told me that he was aware that his kids were getting older and he knew such opportunities were diminishing.

Gone are the days when the only relationship many men had with their kids was through their wife. She would explain him to the kids (‘Your dad’s very busy but he would love to see you play sport but he can’t make it.’) As well, she’d keep him up-to-date with the children’s lives.

Blokes, it seems, are valuing the time they spend with their kids on their own. Or at least the dads I mix with are. Spending time alone with kids is a great way to build confidence in dads. And the kids usually just love it.

Mothers can play a role here by not getting in the way if their husband or partner wants a little time alone with kids. (Most mums I meet welcome this!)
Children usually associate their fathers with activity. When I ask children to tell me about their dads they usually talk about the things that they like to do together with their dads. Playing, walking, fishing, wrestling….the list goes on.

It’s through shared activity and involvement in kids’ lives that dads build up frequent father points. It’s hard to build good connection with kids when you are not there!

Don’t wait until adolescence. These relationships are best built in childhood, when kids just love their dads to bits and want to be around him. It gets trickier in adolescence, but having shared interests developed in childhood gives you a connection point during these sometimes-turbulent times.

Dads also benefit from spending time with their kids. Most health scales state a healthy relationship with their children is a predictor of good health and longevity for men. I’m not sure where the health benefits come from, but I suspect there is something relaxing and de-stressing about getting into a child’s space. There is a big kid inside most men just busting to get out.

These days we take parenting pretty seriously and it’s easy to forget that one of the fundamentals of raising
Week 8 Term 3 2015

1st September, 2015

We kids well is to spend some time in your child’s space, doing stuff, or not doing stuff, whatever the case maybe. So how are your (or your partner’s) Frequent Father Points going? If they need some topping up then you can start by doing something together that they enjoy.

Having a bit of fun together is the best place to start. Author’s note: Sole mums can take these ideas on-board to have a NO RULES weekend with your kids, where you have a change of routine and activity that can give kids the chance to see you in a different way.

New app for parents: Learning Potential
This free app has been developed by the Department of Education in consultation with the Australian Curriculum, Assessment and Reporting Authority.

‘Learning Potential’ has lots of useful tips and ideas to help you make the most of those small opportunities in your busy day.

School Banking: Rewarding good savings
To help reward individual savings efforts, every time a student deposits into their Youthsaver account through School Banking, regardless of the amount, they’ll receive a Dollarmites token. Once they’ve collected 10 tokens, they can redeem them for a variety of exciting reward items.

2015 reward items
These fun rewards are a great way to keep children motivated and demonstrate the value of saving:

- ET DVD - Now available to order
- Planet Handball - No longer available
- Invisible Ink Martian Pen - available to order
- Intergalactic Rocket - available to order
- Glow in the Dark Solar System - Now available to order
- Cosmic Light Beam Torch - No longer available
- Outer Space Savers Money Box - Available Term 4
- Lunar Light Band - Available Term 4

The grand prize for 2015 is a trip to Disneyland. Terms and conditions apply and can be found by visiting the following link.


Thanks to our banking coordinator, Rachel, for volunteering her time each week to enable our school to be part of the school banking program.

Judy Wright
Community Partnership Officer
Judith.wright7@det.nsw.edu.au

North Coast Athletics
On Friday 28th August 14 students from Aldavilla PS made the long trek up to Lismore for the North Coast Athletics Trials. The team members were: Serenity C, Satrey C, Jayden K, Tristan A, Julian A, Lily Q, Jazmine F, Tay H, Tanisha R, Zac M, Sam G, Jason C, Matthew P and Darcy S

All students did their best and represented the school with distinction. A massive congratulations to Serenity C who finished 2nd in the senior girls 800m event. Serenity will now represent the North Coast at the PSSA State Championships at Homebush on the 14-15th October.

Photo above: APS athletics team who represented at the North Coast carnival recently

In the kitchen this fortnight we are continuing our exotic ‘journey around the world’ with some delicious foods to excite your tastebuds for the next fortnight eg sushi, Turkish bread, souvlaki, Moroccan orange cake to name a few delights!

Week 9 (the week commencing 7-11th September) will be our final week for cooking. A reminder that recipes can be found on our school website.

A huge thank you to all our wonderful helpers in both the kitchen and the garden – we couldn’t have the great success we do without your help.

CANTEEN ROSTER TERM 3 2015

Welcome Fiona to the canteen. She joins Lorraine and Angela, our invaluable volunteers.

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Community News
Hat Head Surf Life Saving Club – Nipper Registration open for 5-14 yr. Sat 19th Sept and 10th Oct at Kempsey Pool 10am-12.30pm for all age water safety/proficiency swim & registrations. Phone Natalie 6562 8662 or 0427 116 362. $50 nipper rego includes rash shirt. Season commences 11th October.

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