ASSEMBLY AWARDS
HB1  Tyler A  Chace S
HB2  Blake W  Ryan S
HB3  Ari D-M  Amy D
HB4  Charli C  Chelsea S
HB5  Lei K  Ellouise S
HB6  Travis K  Marney D
HB7  Riley J  Branden S
HB8  Jake P  Annalise C
HB9  Ryan B  Ella O’N
HB10 Zoeisha L-B  Dylan R-M
HB11 Bridie S  Brett H

Mrs Foulkes: Henry H, Paige M


BRONZE AWARDS: William W

Positive Behaviour for Learning:
Congratulations to Julian A from HB 7 and Brett H from HB 11 (pictured below) for displaying positive behaviour and winning a $5.00 voucher from Dizzy Lizzy Country Store.

COMING EVENTS TERM 3 and 4

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>18/09/15</td>
<td>BSG Rewards Day</td>
</tr>
<tr>
<td></td>
<td>Last Day Term 3</td>
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<tr>
<td>06/10/15</td>
<td>First Day Term 4 for students and staff</td>
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<tr>
<td>08/10/15</td>
<td>Timbertown excursion HB3 &amp; HB4</td>
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<tr>
<td>13/10/15</td>
<td>P &amp; C Meeting 6.00pm</td>
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<tr>
<td>15/10/15</td>
<td>Kindy Orientation 1.15-3pm</td>
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<tr>
<td>16/10/15</td>
<td>HB12 Assembly 12.15pm</td>
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<tr>
<td>23/10/15</td>
<td>Kindy Orientation 9.15-11.30am</td>
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</tbody>
</table>

Premier’s Spelling Bee
On Tuesday 8th September Maya W, Olivia P and Jonte C travelled to Sawtell Public School to compete in the Premier’s Spelling Bee Regional Finals.

Maya competed in the Stage 2 division while Olivia and Jonte were in the Stage 3 competition. Jonte and Olivia both did very well in making it through to the 7th round of the competition on the day.

A huge congratulations to Maya W who won the Stage 2 competition. What a great achievement! Maya will now take part in the State Finals of the Premier’s Spelling Bee which will take place in Sydney in November.

Photo above: Maya W

The APS Staff wish you all a happy, safe vacation.
Community Partnerships

Parenting Tip: From the School A to Z Website
www.schoolatoz.nsw.edu.au

Screen Time
Seven tips from the experts:

1. **You're the boss**: some parents are hesitant to lay down the digital law and limit screen time, but it is in your child's interest to set limits.

2. **The two hour screen time grab**: tell your child they have two hours per day and how they use that time is up to them so long as they don't go over the time limit (or set a lesser time limit if you prefer). This is similar to financial budgeting – you have $20, spend it as you see fit.

3. **Have a plan**: ask your child how they are going to spend their time so they get into the habit of planning their screen time, as opposed to just letting it roll on.

4. **Watch the clock**: have your child get in the habit of writing down when they started, and when they ended. Logging time helps everyone to see that the rules are being followed.

5. **Food and drink free zone**: eliminate food and drink in front of the screen. Family time in front of a movie together can involve a bowl of popcorn or other treats, but eliminate this element during solo screen time.

6. **Physical time**: make sure your child is getting regular physical activity, which can include an evening walk with the dog or scheduled sporting commitments. And even if your child opts to take their screen time in one two-hour hit, get them into the habit of getting up at the one hour mark and taking a 10-minute break.

7. **Hobbies and other pursuits**: busy kids are less likely to have screen time issues and, in general, report being more fulfilled and interested in the world around them.

School Banking Volunteer:
The school requires a volunteer to take over from our current school banking coordinator. Rachel has done a fantastic job over the past few years, however due to other commitments, she is unable to continue in this role on a permanent basis. The volunteer would be required to come to school once per week for about half an hour to complete the banking for our students. For further details on taking on this vital job please email me or phone the school office.

**Banking Rewards recall!**: Please be aware the Cosmic Light Beam Torch has been recalled by the Commonwealth Bank due to a potential safety issue.

Judy Wright
Community Partnership Officer
Judith.wright7@det.nsw.edu.au

All Stars Concert
The 2015 All Stars Concert was held last week at Kempsey High School. The spectacular event showcases the talent of all K-6 students and was well supported by parents and community.

We would like to thank all those involved in the organisation of the event including our wonderful teachers for organising their classroom routines, the students for their participation and co-operation, the Aldavilla P & C for operating an Al Fresco Cafe and all our wonderful parents and friends who assisted with catering and costuming.

Special thanks to all those who donated in various ways to support this very successful event.

HB10 Willy Wonka

HB3 Let Gingy Go

HB11 Transformers

HB6 Ants

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HB10 Willy Wonka

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HB6 Ants
Allstars Matinee
Thursday 10th September saw Aldavilla Primary School play host to over 140 pre-schoolers from the Kempsey area. The children, their teachers and parent helpers were picked up by bus and entertained by the school’s resident “dinosaur” on the trip to Aldavilla. Upon arrival at school, the pre-schoolers visited the train where they were treated to a wonderful array of fresh fruit, a drink and a tour of the train and gardens, before the concert commenced.

A very big THANK YOU to all those volunteers who have helped during this term in both the kitchen and garden. Our cooking and gardening program wouldn’t be the success it is without your help and support.

Cooking and gardening will recommence in Week 2 Term 4 for HB11, 12, 8 & 6 – week commencing 12th October.

We are asking if there is anyone out there that is handy with a sewing needle? We need some sewing repairs to our kitchen aprons. If you can help, please contact Gaye Dufty on 0427 625 156.

CANTEEN ROSTER TERM 3 & 4

<table>
<thead>
<tr>
<th>Week 10</th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>14/9-18/9</td>
<td>Keya</td>
<td>Angela</td>
<td>Meagan</td>
<td>Leah</td>
<td>Meagan</td>
</tr>
</tbody>
</table>

| Week 1 | 6/10-9/10 | Public holiday | Leah | Leah | Lorraine | Meagan | Lorraine | Fiona |
| Week 2 | 12/10-16/10 | Leah | Angela | Meagan | Lorraine | Meagan | Lorraine | Fiona |

SCHOOL HOLIDAY ROAD SAFETY REMINDER FOR FAMILIES
With the school holidays approaching, daily routines will soon change. Different play locations and holiday destinations means different traffic environments.

So to help keep our children safe, families are reminded about these key road safety points:

- **Stop, look, listen, think every time you cross the road.**
  - If your child is aged 8 years or younger hold their hand when walking near or across roads. If your child is 9-10 years old always actively supervise them.

- **It’s the law that everyone wears a helmet when riding a bike in a public place.**
  - It makes sense to wear a helmet when riding scooters and skateboards too!

- **Click clack front ‘n back every person for every trip.**
  - Everyone in the car must be securely buckled up in the right seatbelt or child restraint.

- **Talk to your child about being a safe road user.**
  - Reinforce safe road behaviours by being a good role model! Children learn safe road behaviours from the adults who care for them. Talk about what you are doing to be safe when near roads, in the car and when riding.

- **Point out road safety differences and dangers in new environments.**
  - This is especially important when on holidays in different surroundings. Roads, footpaths, parks, car parks, bike tracks and bike lanes may look different in holiday areas.

The best way to keep your child safe is to actively supervise them.

Talk and teach your child about road safety every time you are out and about.

Remind other adults who care for your children to do this too.

Community News
Australian Poetry Slam
Kempsey Library, Elbow Street, West Kempsey on Friday 18th September. Anyone can participate! Sign on for performers is at 4.30pm, performances begin at 5pm. For rules, terms & conditions visit www.australianpoetryslam.com or email Kempsey.library@kempsey.nsw.gov.au or 6566 3210.

My Golf Coaching Clinics at Kempsey Gold Club, Monday, Sept 28 from 8.30am to 2pm. Cost is $8 for the day. Tuition by Ray Robbins from Jack Newton Junior Golf. To register contact 0409 388 868 or email ray@jnig.com.au
Lake Ainsworth Sport and Recreation Centre have a number of Holiday Programs for children aged 7-15 these school holidays. Programs include a Residential Camp, Kids Club, Sailing, Surfing and Laser Skirmish.

For further information please visit our website www.sportandrecreation.nsw.gov.au or contact 13 13 02

Office of Sport
Sport & Recreation

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Telephones, Security Systems & Sensor Lights
Washing Machines & Dishwashers

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Early Learning Centre
Education with Inspiration
Childcare for ages 0-5
269 River Street, Greenhill
0265 625772

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