Welcome to Term 3!

Positive Behaviour for Learning
Elizabeth from Dizzy Lizzy Country Store has once again generously donated vouchers for our Positive Behaviour for Learning (PBL) rewards for Term 3.

Congratulations to Blake W from HB 2 (pictured below) for displaying positive behaviour and winning a $5.00 voucher from Dizzy Lizzy Country Store. Well done Blake!

Community Partnerships
Parenting Ideas by Michael Grose

Getting Kids to School on Time
“Come on Jack! Get a move on. School starts in ten minutes and you’re not even dressed yet!”

If this scenario sounds familiar then you are not alone. Anecdotal evidence suggests that getting children to school or preschool on time can be one of the most difficult tasks for parents. Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late.

Current research shows that mornings for most children are the most productive time of the day with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do, precious minutes are lost. A child who is fifteen minutes late to school each day misses one week of school every year. How can you get your dawdling kids out the door without yelling yourself hoarse? Here are a few techniques and ideas for you to try to get your punctually-challenged children to school on time:

✔ Establish a morning routine.
Make sure your children know what is expected of them in the morning, and also what you will do. Resist nagging but be willing to take them to school even if they haven’t fully prepared for the day.

✔ Identify and remove distractions such as television.
If the children are regular watchers before school, change the routine and keep the TV off. It should only be turned on when children are completely ready for school.

✔ Teach some of the basics of time management.
The average adult underestimates by about 25 per cent the time it takes to do various jobs. Make sure you have realistic time estimates and stop packing so much into the time you allocate. Encourage older children to estimate how long it takes to do activities such as getting ready in the morning. Then they can measure the time

<table>
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<th>Coming Events for Term 3 2015</th>
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Photo above: It was a hands-on experience for Kala B, Ricky S, Hayden B and Phoebe S at the Musica Viva performance last term.

Ricky S, Hayden B and Phoebe S at the Musica Viva
taken to do these tasks and compare their estimates with real time.

✔ Model a good routine.
It's pointless expecting children to be organised in the morning if you are in a muddle yourself. Set a good example by being as methodical as possible and avoid sleeping in unless your children are so organised that they get you breakfast in bed. And pigs might fly as well!

Parent/Carer Surveys:
We value your opinions and need your feedback to help with future planning. Only 8 Parents from across the school have participated in the current Parent and Carer Surveys. Links can be found on our school website and app. Paper copies of the survey are also available in the foyer of the front office. Place completed surveys in envelopes provided and have your child return the envelope to their teacher. To ensure anonymity, no names or records of returned surveys will be kept. Please take this opportunity to have your say.

Parents of children in Years 1-6 should complete the Parent/Carer Satisfaction Survey and Parents of Kindergarten children should complete the Transition to School Survey.

Aldavilla App:
There have been some problems with the calendar on the App. The issue should now be resolved. Occasionally I will send a message asking you to open and refresh the calendar to keep everything up to date.

Judy Wright
Community Partnership Officer
Judith.wright7@det.nsw.edu.au

Welcome back for Term 3 cooking and I hope everyone is looking forward to another term of fun with the kids in the kitchen. Cooking and gardening lessons commence Monday 20th July (this week).

In the kitchen this term we are going around the world and trying different cuisines including: Mexican, French and Asian.

Reminder: Recipes can be found on our school website.

This term there will also be a few changes to a couple of the class cooking lessons as follows:
- HB7 will be cooking in 2 consecutive weeks, 29th July and 5th August
- HB8 will also be cooking in 2 consecutive weeks, 12th August and 19th August.

I would also like to enquire if there is anyone (or if you know of anyone) that would be interested in helping out with HB8 and HB11 cooking lessons.

HB8 cooking lessons will be on Wednesdays –
22nd July
12th August
19th August
2nd September

HB11 cooking lessons will be on Mondays –
20th July
3rd August
17th August
31st August

Unfortunately both of these classes struggle to get volunteers for their cooking classes which, as volunteers know, makes it very difficult and not quite as enjoyable.

So if you know of anyone that could help us out or if you can swap a volunteer day or add a volunteer day please let me know. Volunteers are vital and always welcome.

Note: Garden helpers are always needed. Remember it is just taking a group of students in an organised activity – no hard yakka. Thank you.

Gaye Dufty 0427 625 156

Year 2 Sleepover
The overnight sleepover at Aldavilla Primary School will be Thursday, 30th July. Please ensure medical and consent forms and $10 is returned to the school office by this Friday.
Odd Weeks commencing 27th July, 2015
10th August
24th August
7th September

Even Weeks commencing 20th July
3rd August
17th August
31st August

Woolworths Earn and learn is back for 2015. Please collect your stickers when you shop at Woolworths from 15th July until 8th September. Place them on the card and return to Aldavilla Primary School. The more stickers we collect the more resources we can purchase for our school.

Mrs Anderson
School Banking
School Banking Rewards are now available for Term 3. The Term 3 rewards include great prizes, including:
- Cosmic Light Beam Torch
- Glow-in-the-Dark Solar System

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmite token. Once students have individually collected 10 tokens they can redeem them for these exclusive School Banking reward items in recognition of their continued savings behaviour.

Remember our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). If your children are not currently involved in the School Banking program and you would like to know more, please ask for a 2015 School Banking program Information Pack from the Kempsey branch.

Thank you for supporting the School Banking program and don’t forget that Wednesday is School Banking day! Thank you to our wonderful banking volunteer Co-ordinator, Rachel, for making school banking at Aldavilla possible.

Canteen News:
Hi and welcome back for Term 3. As you may be aware, Nat has left us to pursue a new adventure and I’d like to wish her all the best.

We wish to introduce Meagan as our new canteen manager, along with Keya and Leah as our canteen assistants for Term 3, and also Lorraine, our dedicated volunteer.

We would still appreciate any volunteer help at any time, whether it be from 9-11am for our morning prep, or 11-1pm for our lunch prep. If you can do an hour here or there, any help is greatly appreciated. It is a warm and friendly environment, so come along, have a cuppa and check it out.

There are plenty of new, fresh ideas for the canteen menu such as vege burgers, fish fingers, fresh yogurt and fruit salad as well as cereal cups in the morning.

This fortnight’s special: Grandma’s Country Ham soup with homemade bread roll for $5!

Our fortnightly roster is set out below and again, any help no matter how small, is greatly appreciated.

Keep smiling, Meagan.

Canteen Roster Term 3 2015

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<tr>
<th>Classes</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wed</th>
<th>Thurs</th>
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<tr>
<td>ODD WEEKS</td>
<td>Kitchen 11.30 - 1pm</td>
<td>HB 10</td>
<td>HB 9</td>
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<tr>
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VOLUNTEERS ARE VITAL

For Sale
Aldavilla Primary School
Parliament Photo 2015: $14
We Week 2 Term 3 2015

21st July, 2015

Kel Wright
B.Bus, CPA
Kel Wright & Co
Certified Practising Accountants
Shop 5, 44 Forth Street
(PO Box 223)
Kempsey NSW 2440
Telephone: 6562 8699
Fax: 6563 1200

Glamour Puss – In Boots
Now the only costume hire in town
Also selling vintage/retro clothing
Taking orders now for Book Week
26 Belgrave Street, Kempsey
Open 9-5 Monday to Friday.
Saturday by appointment only.
Ph Lisa 0432 116 829

Heritage Dental
Kempsey
We provide bulk billing under the new Child Dental Benefit Schedule which your child may be eligible for. We have experienced staff who can offer dental health education and advice to suit your child’s individual needs.
Dr. Bruce Coleman
Dr. Damien McCloy
Dr. Evan Brown
Dr. Lara Stuttard
Sorlie Cox
Lindilb Gill
10 Kemp Street
West Kempsey
65623252

Donate a bag of non-perishable groceries and join for free at
Curves
KEMPSEY
65622884
Valid 1 – 31 July

Martin Uhrig Electrical
Domestic, Commercial
& Industrial
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Mobile: 0432 071 093
Martin Uhrig – Electrical Contractor
Licence No. 180351C ABN 34749826876
We install & repair
Free to air Digital TV systems
Power points, Lights, Switches & Hot Water
Telephones, Security Systems & Sensor Lights
Washing Machines & Dishwashers

Moore Affordable Dog Grooming
Robocca Moore
Hydrobath from – $25.00
Full grooms from – $40.00
Pick up and drop off service
PH 0422 950 428

River Street
Early Learning Centre
Education with Inspiration
Childcare for ages 0-5
269 River Street, Greenhill
0265 625772

Macleay Septic Waste Disposal
"House Bottom Business is our Top Business"
Covering all areas – No job too small
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65623620-0427 623620