Positive Awards System

Congratulations to the following students who have progressed through our positive awards system and have been recognised by their peers and teachers for a great effort.

Assembly Awards
HB1 Joshua F Leah W
HB2 Chace S Lincoln B
HB3 Rico D Lachlan B
HB4 Cody L Isla J
HB6 Cody B Kiarna E
HB7 Logan W Blake G
HB8 Josie S Tyson P
HB9 Baden A Hayley F
HB10 Lachlan B Tiana C
HB11 Zane C Ruby W
HB12 Cloe G Lily S

Miss Matthes: Annabelle W, Lincoln B
Mrs Mickle: Savanna M, Tayaree K
Mrs Foulkes: Samantha H, Cody P, Ava J, Ruby W


4C’s Award Winners

"Together we learn and achieve in a caring, cooperative, courteous and committed environment"

<table>
<thead>
<tr>
<th>Stage 1</th>
<th>Stage 2</th>
<th>Stage 3</th>
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<tbody>
<tr>
<td>Felix Q</td>
<td>Kiara S</td>
<td>Tiana C</td>
</tr>
<tr>
<td>Blake W</td>
<td>Paige S</td>
<td>Ben L</td>
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</tbody>
</table>

Well done to these students!

Comming Events for Term 2 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>05/05/14 to 09/05/14</td>
<td>Book Fair</td>
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<tr>
<td>08/05/14</td>
<td>Rotary Science Challenge</td>
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<tr>
<td>09/05/14</td>
<td>Assembly HB8 12.15pm NC League</td>
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<tr>
<td>09/05/14</td>
<td>LNC Netball/Stewart House Day</td>
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<tr>
<td>09/05/14</td>
<td>Mother’s Day Stall</td>
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<tr>
<td>13/05/14 to 15/05/14</td>
<td>NAPLAN for Years 3 and 5</td>
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<tr>
<td>15/05/14</td>
<td>12.30pm KHS Transition visit @APS</td>
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<tr>
<td>16/05/14</td>
<td>HB1 Cooking – Jamie Oliver</td>
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<tr>
<td>20/05/14</td>
<td>Community Reading 2pm</td>
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<tr>
<td>21/05/14</td>
<td>Simultaneous Book Read</td>
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<tr>
<td>22/05/14</td>
<td>APS X Country 1pm @APS</td>
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<tr>
<td>23/05/14</td>
<td>Assembly HB7 12.15pm</td>
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</tbody>
</table>

Photo above: 4C Award Winners

PSSA Cricket

On Thursday 10/04/14 APS played South West Rocks PS in the third round of the PSSA cricket. The team consisted of Bohdi P, Brett H, Harry A, Harry P, Isaiah T, Josh O, Lachlan B, Liam T, Michael P, Nic H, Oscar S and Sam G. Aldavilla won the toss and elected to bowl. We bowled the full 25 overs and SWR finished at 8/92. Liam got a hat trick bowling 3/3 from 2 overs, Bohdi 2/7 from 3 overs and Harry A 1/2 from 2 overs. We were chasing 93 runs and got them with 1 wicket in hand, in a nail biting finish in the final over Harry A scored a solid 18 not out, Brett 7 and Liam 6 runs being most notable. All the boys demonstrated great teamwork and sportsmanship. Good luck in round 4. Mrs Mickle
Week 2 Term 2 2014

6th May, 2014

Photo above: Mr Tom Beli presenting the Navy Ensign flag from HMAS Success at a special assembly held on the last day of Term 1. More ANZAC Day information will be included on the website.

Community Partnerships
Parenting Ideas by Michael Grose – Getting Kids to School on Time
Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late. When children arrive late and take time to settle as they inevitably do, precious minutes are lost. A child who is fifteen minutes late to school each day misses one week of school every year. How can you get your dawdling kids out the door without yelling yourself hoarse? Here are a few techniques and ideas for you to try to get your punctually-challenged children to school on time:

✔ Establish a morning routine. Make sure your children know what is expected of them in the morning, and also what you will do. Resist nagging but be willing to take them to school even if they haven’t fully prepared for the day.
✔ Identify and remove distractions such as television. If the children are regular watchers before school change the routine and keep the TV off. It should only be turned on when children are completely ready for school.
✔ Teach some of the basics of time management. The average adult underestimates by about 25 percent the time it takes to do various jobs. Make sure you have realistic time estimates and stop packing so much into the time you allocate. Encourage older children to estimate how long it takes to do activities such as getting ready in the morning. Then they can measure the time taken to do these tasks and compare their estimates with real time.
✔ Arrive at school ten minutes early. Plan to arrive at school early rather than be there on time. This idea works well for perpetual latecomers, whether young or old.
✔ Model a good routine.

Learning and Support letters – All parents and carers of students receiving additional support for Term 2 will receive a letter in the mail. Please take the time to read the letters and return the reply slip to school.

Transition to School Survey - All Kindergarten parents and carers are invited to participate in this online survey. The link will be emailed directly to parents and carers.

Alternately, I will be telephoning parents and carers without email addresses on file over the coming weeks. The link will also be placed on the school website and app for a limited time. All responses are entered anonymously and will be considered to assist us with future planning.

Aldavilla Website – New articles, photos and information are regularly being added to our school website. The Kitchen Garden Program section has a new tab titled “News from the Classrooms”. This page gives a glimpse of the wonderful things your children are doing as part of this exciting program. The page will be updated regularly.

Judy Wright
Judith.wright7@det.nsw.edu.au
Community Partnership Officer

Healthy Eating
In Term 1, Stage1 were working on a unit titled Healthy Eating. In line with this unit, we have been discussing healthy food options, and the benefits of eating a diet full of fruits and vegetables as opposed to high fat and high sugar. We have been studying and learning about many new vegetables and fruits the students did not know about. The students had a wonderful time up in the train with Mrs Dufty and a number of parents and grandparents making a healthy lunch a few weeks ago.

We are encouraging parents and carers to please not send lollies and unhealthy foods in children’s lunches and save these types of foods for ‘sometimes’ and home. Mr Munday has also supported this request at Monday afternoon assembly asking students to ask their carers not to send lollies to school. The high sugar content and high level of colouring in these foods is not good for children’s health and need to be kept as a treat and ‘sometimes’ food.

Great Success at Kempsey Show
This year Kempsey Show proved to be very rewarding for Aldavilla PS with many of our show entries receiving prizes:

Champion : Sussex Bantam
First Prize :
5 Chillies 6 stems Spinach 4 Beetroot
6 Eschalots 1 Doz Bantam Eggs 1 Cabbage
1 B/nut Pumpkin 1 Pumpkin Western Grey
S/F/B Sussex Pullet Collection of Fruit & Veg
Second Prize:
Collection of Chillies 1 Squash
Mustard Pickles (novice) 4 Tomatoes Small Type
Collection of Kitchen Herbs 6 Cherry Guavas
6 Stalks of Rhubarb 4 Capsicum
3 Cucumbers for table use
6 Different Veges Grown Locally

Highly Commended: Second in Show for overall Fruit & Veg Basket

We won $63 in prize money as well as a $20 gift card from Bunnings.

2
Debating Workshop
On Friday 2nd May, Heidi L, Lucinda W, Rosie J, Oscar S, Olly U, Olivia P and Ruby W attended a debating workshop in Laurieton. These students learnt about “Method, Matter and Manner”, three important aspects of debating. It was a valuable experience which will be put to good use. Aldavilla’s debating team will be involved in the Premier’s Debating Challenge. They will participate in four debates against other public schools via video conference during Terms 2 and 3. A special thank you to Danae and Kelly for driving the students to Laurieton to attend this workshop.

Mrs Foulkes

Musica Viva
Students have a wonderful opportunity this term. Mara, a group which has been touring internationally and nationally since 1984, is visiting our school. This unique world music ensemble blends traditional folk music and jazz. Students are encouraged to attend and enjoy live, quality musical performances that are directly linked to our music curriculum. It promises to be an amazing, multicultural music experience.

Aldavilla has managed to obtain a discount through the Equal Music program enabling students to attend the Musica Viva performance for $5 per student (maximum $10 per family). The performance will be on Wednesday, June 4th at 11:30am. Parents and friends are welcome to attend. A note will be sent home closer to the day.

Mrs Foulkes

Year 5 Opportunity Class in 2015
Intention to Apply: Year 5 entry to an opportunity class in 2015 notes went home last week. Please return by Friday 16th May. Please note closest class is at Port Macquarie. Contact Miss Giorgi for more information.

Stewart House Donation Drive
Friday 9th May 2014
Your donation supports the 1,800 children who attend Stewart House each year from public schools across NSW and the ACT. Please place your donation in the envelope attached and complete entry details on the back of the envelope to be in the running for a $4000 holiday to a destination of your choice. Please return the envelope to school no later than 16th May, 2014. High bounce handballs are available in the school office for $3 each. All proceeds raised go to Stewart House.

Student Banking: During Term 2, students simply need to make three or more school banking deposits regardless of value to be automatically entered into the Deep Sea Savers competition: Prizes include 5 nights accommodation at Sea World Resort; VIP passes for 2 adults + 3 kids to Sea World, Movie World and Wet n Wild + lots more great prizes.

Updated Phone system
We have updated our phone system at school. The ‘old’ phone system is available for purchase and suitable for small business. Please contact the school office.

Mother’s Day Stall
Friday 9th May 2014
Items priced from $1 - $5

Canteen Chatterbox
Check out the canteen blackboard for this fortnight’s specials.

School counsellor article
Hello parents and carers. My name is Marianne Curtis and I am the school counsellor at Aldavilla Public School.

The Department of Education and Communities appoint a school counsellor to every school. Aldavilla PS has the services of the school counsellor for three days a fortnight, every Monday and second Tuesday.

School counsellors in NSW public schools provide valuable support for students and are an integral part of the school’s welfare team, working closely with students, parents and teachers across primary and secondary schools. They normally work with students from pre-school to Year 12, and provide counselling and psychological assessment for students with specific needs.

To become a school counsellor, you must have:
• completed training as either a primary or secondary teacher
• a current approval to teach with NSW DET
• undertaken a psychology major approved by the Australian Psychology Accreditation Council (APAC) at a level that is required by Universities for entry into postgraduate study in psychology.

This year I would like to assist the school by placing information in the school’s newsletter and their web site. This information will cover topics such as understanding children’s behavior and misbehavior, strategies for parents of children diagnosed with ADHD and Autism, helping your children develop strategies to assist them with bullies, developing responsibility in your children and
Week 2 Term 2 2014

6th May, 2014

communication: how to listen to your children and building your child’s self esteem

Canteen Roster for Term 2

<table>
<thead>
<tr>
<th>Week 2</th>
<th>Natalie</th>
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