Road safety around your child’s school - 
Your child’s safety depends on you!

Walking together to and from school
- Plan your trip to school so you use pedestrian crossings where possible.
- Always hold your child’s hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
- Drop off and pick up your child near the school gate and avoid calling them from across the road.
- Talk with your children about Stop, Look, Listen and Think every time they cross the road.

STOP! One step back from the kerb

LOOK! For traffic to your right, left and right again

LISTEN! For the sounds of approaching traffic

THINK! Whether it is safe to cross

Young children can learn these safe pedestrian habits from you and continue them later on when they are old enough to travel alone.

A number of children are arriving before our supervision time. Playground supervision starts at 8.30am and students should not be arriving prior to this time. Please ensure you are not dropping your child off into an unsupervised situation.

4C’s Award Winners
“Together we learn and achieve in a caring, cooperative, courteous and committed environment”

Congratulations to our 4C Award Winners for this fortnight:

<table>
<thead>
<tr>
<th>Stage 1</th>
<th>Stage 2</th>
<th>Stage 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shaylah T</td>
<td>Callum J</td>
<td>Fergus H</td>
</tr>
<tr>
<td>Blake W</td>
<td>William B</td>
<td>Lachlan B</td>
</tr>
</tbody>
</table>

Well done to these students, keep up the good work!

Coming Events for Term 4 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-14/11/14</td>
<td>Intensive Swimming</td>
</tr>
<tr>
<td></td>
<td>(No cooking classes this week)</td>
</tr>
<tr>
<td>17/11/14</td>
<td>P &amp; C Meeting 6pm</td>
</tr>
<tr>
<td>17-21/11/14</td>
<td>Intensive Swimming</td>
</tr>
<tr>
<td></td>
<td>(No cooking classes this week)</td>
</tr>
<tr>
<td>19/11/14</td>
<td>HB 1 &amp; 2 Cooking 11.30am-1pm</td>
</tr>
<tr>
<td>20/11/14</td>
<td>Kinder cooking 9-11am</td>
</tr>
<tr>
<td>25/11-30/11</td>
<td>Schools Spectacular</td>
</tr>
<tr>
<td>28/11/14</td>
<td>Assembly HB9 12.15pm</td>
</tr>
<tr>
<td>03/12/14</td>
<td>Year 6 High School Orientation Day</td>
</tr>
<tr>
<td>08/12/14</td>
<td>No cooking classes this week</td>
</tr>
<tr>
<td>08/12/14</td>
<td>Stage 1 Celebration 9.30-11am (HB 1, 2, 3 &amp; 4)</td>
</tr>
<tr>
<td>09/12/14</td>
<td>Stage 2 Celebration 9.30-11am (HB 6, 7, 8 &amp; 9)</td>
</tr>
<tr>
<td>09/12/14</td>
<td>Volunteers Luncheon 11.30am</td>
</tr>
<tr>
<td>10/12/14</td>
<td>Stage 3 Celebration 9.30-11am (HB 10, 11 &amp; 12)</td>
</tr>
<tr>
<td>10/12/14</td>
<td>Year 6 Farewell</td>
</tr>
<tr>
<td>11/12/14</td>
<td>BSG Rewards Day</td>
</tr>
<tr>
<td>12/12/14</td>
<td>Beach Day</td>
</tr>
<tr>
<td>15/12/14</td>
<td>No cooking classes this week</td>
</tr>
<tr>
<td>17/12/14</td>
<td>Last day for students</td>
</tr>
<tr>
<td>18-19/12/14</td>
<td>Staff Development Days</td>
</tr>
</tbody>
</table>

Above: PBL 4C Award Winners
Positive Awards System
Congratulations to the following students who have progressed through our positive awards system and have been recognised by their peers and teachers for a great effort.

HB1 Baligh H-B, Lei K
HB2 Miah I, Ricky S
HB3 Kaleb D, Brianna C
HB4 Sonny Joe M, Cody L
HB6 Phoebe S, Matthew P
HB7 Tay H, Byron K
HB8 Jayden H, Ramoi D
HB9 Emily B, Paige M
HB10 Amber S, Tyler C,
HB11 Dylan R-M, Talayna C
HB12 Isaiah T, Emily M

Miss Matthes:  Oliivia H, Miah I
Mrs Foulkes:  Mia F, Dylan W

Bronze Awards:  Ellie K, Tia R, Katie F, Chace S, Charlotte B


Community Partnerships
Parenting Ideas by Michael Grose
When Malcolm Dix found himself taking life too quickly and too seriously, he decided to take a dose of his own medicine. Currently I’m doing seven things to calm my life down and that of my family while trying to create more space for my children to simply enjoy their childhood (some of the following I’m sure you already do but it’s taken me a while to figure them out).

My strategies to slow down and not be so busy are as follows:

1. **Eat together as a family at the table at least four nights a week**
   There has been more and more written about the importance of families eating together and the positive effect it has on children and adults alike.

2. **Avoid watching the nightly news**
   I’ve stopped watching the news and to my surprise the sky never collapsed as I had feared.

3. **Turn off the TV and sit around an open fire**
   I’ve constructed a simple fire pit in our inner-city backyard and every second weekend my partner, the kids and I toast marshmallows, listen to funny songs, talk and look up at the stars.

4. **Dance together**
   I’ve made the conscious decision to start dancing in the kitchen with my kids at least three times a week.

5. **Exercise together**
   I exercise with my kids at least four times a week, usually at the local park kicking the footy, throwing a frisbee, running with our dog and so on.

6. **Explore nature together**
   I’ve started spending more time in nature with my kids by taking them to the river, the hills, lakes and nature parks. I keep it local, with the occasional longer drive on weekends.

7. **Limit your own social networking**
   I have severely reduced my time spent on social media such as Facebook, Twitter etc. It’s all about positive role modelling for my kids.

So there you have it, my strategies for simplifying and calming my family life. As a result I’m happier, less stressed and far more ‘present’ for everyone which, in turn, is having a positive effect on my kids.

Playgroup
30 preschoolers and their parents/carers attended Playgroup on Friday 31st October. They had their first experience of a cooking session in our wonderful train facility. The children prepared scones, had a play in the playground and returned to the train to taste their creations. Thank you to Mrs Dufty for a fun morning.

Judy Wright
Community Partnerships Officer
Judith.wright7@det.nsw.edu.au
There will be NO COOKING CLASSES this week (Week 6) and next week (Week 7) due to the Intensive Swimming Program.

We need MANURE to improve our garden beds (cow manure preferred). If it is difficult to drop off during school time please feel free to place bags of manure over the fence near the train outside of those hours. Over the last weeks of term we will be targeting fertilising, composting and mulching to help retain moisture and improve the nutritional properties of the soil in our gardens ready for 2015. If you would like to help out in any way please contact Gaye Dufty on 0427 625 156 or the school office.

News from the Chicken Coop
In the past two weeks one of our chickens died due to a mysterious illness. Now our Young cage only has 5 chickens. Egg production has been good. We get around 10 eggs per day.

Last Friday Bayden, Declan and Nic noticed that we have a clucky chicken. We will try to get some fertile eggs to put under her. Our incubator chicks are growing and we will introduce them into our school chicken cages soon.

That’s all for now, Joel, Nic, Jye, Declan, Bayden, Ryley, Jackson, Harry, Isaiah, Yaaron, Jason, James, Tom and Dylan (The Aldavilla chicken minders)

Free to Good home:
Bantam Peking roosters, only a few weeks old.
Contact Natalie in the canteen or Gaye.

Planet Ark’s National Recycling Week -10th to 16th November
In November 1996, Planet Ark founded National Recycling Week to bring a national focus to the environmental benefits of recycling. Now in its 19th year, this established and highly regarded annual campaign continues to educate and stimulate behaviour change, by:
- Promoting kerbside, industrial and community recycling initiatives
- Giving people the tools to minimise waste and manage material resources responsibly at home, work and school.

Understanding which items can be recycled at the kerbside is the first step in establishing successful recycling habits.

The Seven Secrets of Successful Recyclers are:
Know the facts; Don’t bag it; Do it in your home; Do it in public; Take it to work; Think outside the bin; and Buy it back.

**AWARD WINNERS**
Mrs Norberry and Mrs Morrison were recently nominated for an Australian Council of Educators World Teachers Day Award. They are pictured below receiving their much deserved awards at a ceremony held last week in Port Macquarie.

**CONGRATULATIONS!**

**Volunteers Luncheon**

Please join us at
Aldavilla Primary School Train
at 11:30am
following the Stage 2 Celebration Assembly
on Tuesday 9th December, 2014

RSVP would be appreciated by Friday 5th December

**Community News**
On Saturday 25th October, Hayley P and Shanelle D competed in the Kempsey/Macleay Physical Culture Club Competition. The girls achieved excellent results - Hayley placed 2nd and Shanelle placed 3rd in the 8yrs. Both girls performed beautifully. Their parents and teacher, Danita, are so proud of their achievements WELL DONE GIRLS.

Phyis starts again Feb 10th 2015 at the Uniting Church Hall, Kempsey. All are welcome to come and see what phyis is about. For more info: Danita James 6562 1998, Joan Weatherstone 6562 5130
Camden Haven/Port Macquarie Triathlon festival
22nd/23rd of November. Junior races to suit all ages and abilities from 1pm Saturday along with an ocean swim and senior/teams sprint triathlon on Sunday morning. For more information and entry forms visit www.portmactriclub.com.au.

RRISK – Reduce Risk Increase Student Knowledge
Anyone who is a carer or works with young people are invited to attend a free presentation on drugs and alcohol with Paul Dillon (Director of Drug and Alcohol Research and Training Australia) at Kempsey Shire Council on Wednesday 19 November from 4pm to 6pm. Bookings are essential Phone 6566 3282.

Coach Trip to Sydney for the Musical Show “The Island of Doctor Moran”
Date: Sunday November 23, 2014. Cost: $150 includes bus fare and ticket at group rates. Departure Time: 6am. Sydney markets prior to the Musical show at 2pm Return: Approx 10pm same day. Further information contact Lisa Reid 6562 6166 or Ev Jacobs on 6562 7511 or 0418 463 278.