Class Organisation & Staffing for 2015
The school is currently collecting any final information required to form classes and appoint staff for the 2015 school year.

Can you please advise the school office if you have any additional information for the school particularly if you are leaving our school or if you have friends or families that are intending to move to the area.

It is also the time of year that we ask parents for any additional information that they might have to help us form the classes next year. If you do have some feedback that might benefit your child, please give that information to your child’s classroom teacher.

Road safety around your child’s school - Your child’s safety depends on you
It has been noted that some parents are allowing their children to walk across the road to school unaccompanied when being dropped off and picked up from school. Please take the time to escort your children across the road to and from the school gate.

- Always park and turn legally around schools.
- Avoid dangerous manoeuvres such as U-turns and three-point turns.
- Drop your children off and pick them up on the school side of the road in your school’s designated drop off and pick up area.
- Calling out to them from across the road is dangerous – they may run to you without checking for traffic.
- It’s safest for children to get out of the car on the kerb side of the road to be away from passing traffic.

The NSW Centre for Road Safety has a website with information on road safety. For more information visit roadsafety.transport.nsw.gov.au

Coming Events for Term 4 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>29/10/14</td>
<td>Kinder Timbertown Excursion</td>
</tr>
<tr>
<td>31/10/14</td>
<td>Play Group for Kindy 2015 11.30am-1pm in the train Assembly HB11 12.15pm</td>
</tr>
<tr>
<td>4/11/14</td>
<td>Year 5 Leadership Bootcamp</td>
</tr>
<tr>
<td>5/11/14</td>
<td>Year 5 Leadership Bootcamp</td>
</tr>
<tr>
<td>6-7/11/14</td>
<td>Whole School 2 Day Swimming 9.30am-12.00pm</td>
</tr>
<tr>
<td>10-14/11/14</td>
<td>Intensive Swimming (No cooking classes this week)</td>
</tr>
<tr>
<td>17/11/14</td>
<td>P &amp; C Meeting 6pm</td>
</tr>
<tr>
<td>17-21/11/14</td>
<td>Intensive Swimming (No cooking classes this week)</td>
</tr>
<tr>
<td>25/11-30/11</td>
<td>Schools Spectacular</td>
</tr>
<tr>
<td>28/11/14</td>
<td>Assembly HB9 12.15pm</td>
</tr>
<tr>
<td>03/12/14</td>
<td>Year 6 High School Orientation Day</td>
</tr>
<tr>
<td>08/12/14</td>
<td>No cooking classes this week</td>
</tr>
<tr>
<td>08/12/14</td>
<td>Stage 1 Celebration 9.30-11am (HB 1, 2, 3 &amp; 4)</td>
</tr>
<tr>
<td>09/12/14</td>
<td>Stage 2 Celebration 9.30-11am (HB 6, 7, 8 &amp; 9)</td>
</tr>
<tr>
<td>10/12/14</td>
<td>Stage 3 Celebration 9.30-11am (HB 10, 11 &amp; 12)</td>
</tr>
<tr>
<td>10/12/14</td>
<td>Year 6 Farewell</td>
</tr>
<tr>
<td>11/12/14</td>
<td>BSG Rewards Day</td>
</tr>
<tr>
<td>12/12/14</td>
<td>Beach Christmas Party</td>
</tr>
<tr>
<td>15/12/14</td>
<td>No cooking classes this week</td>
</tr>
</tbody>
</table>

Please, hold my hand
**Positive Awards System**
Congratulations to the following students who have progressed through our positive awards system and have been recognised by their peers and teachers for a great effort.

**Assembly Awards**
- HB1 Terrence B, Bodan H
- HB2 Lylah W, Ryanna F
- HB3 Shaylah T, Jeremy B
- HB4 Havana C, Kurt G
- HB6 Izzabella L, Bryce T
- HB7 Jack V, Jacob A
- HB8 Tinniell McC, Felina L
- HB9 Joel C, Tanisha R
- HB10 Liam T, Tyler B
- HB11 Clayton D, Ellie K
- HB12 Jason C, Haylee T

**Miss Matthes:** Lei K, Re-anne L-S


**Bronze Awards:** Noah C, Charlie T, Mary-Jo K, Ty P, Tay H, Talayna C

**Gold Awards:** Serenity C

**4C’s Award Winners**
*“Together we learn and achieve in a caring, cooperative, courteous and committed environment”*

<table>
<thead>
<tr>
<th>Stage 1</th>
<th>Stage 2</th>
<th>Stage 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cooper H</td>
<td>Savannah B</td>
<td>Tom D</td>
</tr>
<tr>
<td>Charli W</td>
<td>Cooper A</td>
<td>Savanna M</td>
</tr>
</tbody>
</table>

**Community Partnerships**
**Tips for parents from "Parenting ideas" by Michael Grose**
I thought some information about good sleep habits might be useful, especially at this time of year.

Good sleep habits include:
1. Regular bedtimes. Kids may fight this, but be regular and let kids stay up a little later on weekends.
2. A wind-down time of up to 45 minutes prior to bed. This includes removing TV and other stimuli, calming children down, and limiting food intake (and caffeine for teens).
3. Bedtime routine such as a story, teeth-cleaning that signals psychologically that it is time for sleep.
4. Keeping bedrooms for sleep and not for TV. Bedrooms that resemble caves seem to be recommended.
5. Maximising the three sleep cues of: darkness (cave-like bedroom), lowering body temperature (baths can be good for this) and melatonin (work within their cycle).

Sleep is important for the following reasons:
1. It maximises brain growth.
2. It enables what is learned today to stick.
3. It prepares kids to learn tomorrow.

**Kindergarten Orientation**
Last Friday saw the children starting school next year enjoy a morning at 'big school'.

Next Friday 31st October from 11.30am – 1pm is Playgroup. Children and a parent or carer will experience cooking in the train and have another play in the playground.

A group of kinder orientation pre-schoolers enjoying their ‘little lunch’.

Judy Wright,
Community Partnerships Officer
Judith.wright7@det.nsw.edu.au

**Managing your child's weight**
Macleay Primary Schools Spelling Bee 2014
During Term 3, the following girls represented Aldavilla Primary School in the Macleay Primary Schools Spelling Bee: Kiara S, Maya W, Olivia P, Amber S, Rosie J and Lucinda W-S. They finished 2nd after the final round and therefore made it into the Grand Final. The girls defeated Bellbrook in the Grand Final 17-15. They worked extremely hard and displayed excellent team work throughout the competition. Congratulations girls! Miss McNamara

Cricket news
On Monday 13th October, APS played Tacking Point PS in the fourth round of the PSSA cricket. The team consisted of Sam G, Bohdi P, Brett H, Harry A, Harry P, Isaiah T, Lachlan B, Liam T, Michael P and Oscar S. Aldavilla won the toss and elected to bat. We scored 63 runs with Harry A retiring on 40 being most notable. Unfortunately TPPS scored the runs very quickly (by the 12th over). All the boys demonstrated great teamwork and sportsmanship on the day. Mrs Mickle

Aldavilla kids are cooking up a storm in the kitchen. We are going “Around the World”, using recipes from France, Greece, Italy, Indonesia and India.

HB 6 will miss cooking this fortnight due to whole school swimming. There will be NO COOKING CLASSES for the following weeks due to the Intensive Swimming Program:

Week 6 – week commencing 10th November, 2014
Week 7 – week commencing 17th November, 2014

Cooking classes will resume again for two final weeks, Week 8 (commencing 24th November) and Week 9 (commencing 1st December).

We would love to see you at our weekly cooking and gardening classes. Just a reminder that the gardening helpers are not required to do any heavy lifting or digging, it is more a support role for the students. If you can assist as a volunteer with cooking or gardening classes, please call Gaye 0427 625 156.

WANTED! Mulch and cow/horse manure for our gardens.

News from the Aldavilla Chicken Coop
We are not sure if everyone knows about our Aldavilla chickens. We have 3 pens down the back: one with 2 chickens - the New, one with 8 older chickens - the Old, and one with 6 chickens - the Young.

Each day during the school term we feed, water and collect the eggs. Then we tame the chickens. In the second week of the holidays the chickens stopped laying. We think something may have scared them.

Now that we are back feeding, watering and taming the chickens, they are laying lots of eggs again.

On Friday 17th October we saw a chicken hatch out of an egg in the incubator. Mrs Dufty put eggs in the incubator over the holidays. By Monday 21st October there were 12 fluffy yellow chicks in the brooder box in Stage 1. Hopefully these are the next generation of Aldavilla chickens.

That’s all the news for now.
Joel, Nic, Jye, James, Yaaron, Tom, Jason, Ryley, Declan, Dylan (The Aldavilla Chicken Minders)

<table>
<thead>
<tr>
<th>Canteen Roster Term 4</th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 4 27/10-31/10</td>
<td>Kei Lorraine</td>
<td>Meaghan</td>
<td>Meaghan</td>
<td>Keya Meaghan</td>
<td>Natalie Lorraine</td>
</tr>
<tr>
<td>Week 5 03/11-07/11</td>
<td>Natalie Lorraine</td>
<td>Natalie</td>
<td>Kelly Natalie</td>
<td>Natalie Meaghan</td>
<td>Meaghan Lorraine</td>
</tr>
<tr>
<td>Week 6 10/11-14/11</td>
<td>Natalie Lorraine</td>
<td>Natalie</td>
<td>Natalie</td>
<td>Natalie Meaghan</td>
<td>Natalie Lorraine</td>
</tr>
</tbody>
</table>

Volunteers needed to help cover books, if your available please contact the school office.

Community News
The Kempsey Museum is having a fun day for children aged 3-12 years on Saturday 8th November from 10am to 2pm. Cost is $5 per child accompanying adults free. The theme is spinning and weaving to celebrate 40 years of the spinners and weavers association in Kempsey but there are a host of hands on activities related to living in the 1800s on offer to the children. Children must be accompanied by a responsible adult.
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Dr. Damian McIvor
Dr. Euan Brown
Dr. Lara Stuttard
Nellie Croy
Lindal Gill
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